



“WOW” - MOM Turned Upside Down

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Do you ever feel like your life has been turned upside down? Have you lost your sense of 'WOW' and wonder? It may be time for a turn around! Motherhood can be wrought with its share of doldrums, boredom, and monotony, craziness, and chaos. On the flip side it can be filled with much excitement and a child-like sense of wonder. Either way, turn it around. Hold up the mirror. As my husband told me just this morning watching me scowl at my son, "If that's what you give, that's what you get." So turn it around. Look at yourself. Twist it upside down and backwards and see what you come up with....find the WOW in MOM!

I took the summer 'off' to spend with my boys. Mixed in with all the fun I found a new appreciation for full-time moms. I found myself frustrated a lot, even angry at times. This was not exactly what I had imagined my summer to be like. I guess I was in la-la land...a fun place to be at times, but a rude awakening when reality strikes. When did I have time for myself? What about paying bills or answering emails or thinking through a relatively simple concept? Help! I was tired most of the time and couldn't seem to carry a thought longer than 30 seconds at a time.

One day, just last week I was adding to my Life Board – otherwise known as a Vision Board. I cut out the word WOW – something I wanted a little more of in my life! I was feeling the excitement and sense of wonder as I was about to glue it on to my board. Suddenly it fell out of my hand and dropped to the floor. In a blink of an eye it spelled MOM. A moment of pause came over me. I am in the WOW! I just needed to turn it around and see that I was already there. It just looks different some days.

Be in the WOW of Motherhood!

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